



Job Description and Person Specification

Summary

Job title:	Lecturer or Senior Lecturer in Exercise Physiology
Faculty:	Faculty of Arts & Sciences
Reference:	EHT2406-0526
Grade and Salary:	Grade 8. £39,906 - £44,746 per annum. Points for grade: 31-35. Grade 9. £46,049 - £51,753 per annum. Points for grade: 36-40. Grade 10. £53,301 - £59,966 per annum. Points for grade: 41-45.
Contract Type:	Permanent
Hours:	Full Time (37 hours per week)
Location:	Ormskirk



About the Department

The Department of Sport and Physical Activity is a vibrant and ambitious department committed to providing our students with an excellent, research-led teaching and learning experience delivered by staff who are internationally recognised for their expertise and contributions to their respective disciplines. We offer a wide range of professionally endorsed or accredited taught undergraduate and postgraduate degrees and have a vibrant, sustained, multi-disciplinary postgraduate research community.

The Department was ranked 17th out of 85, and highest in the North West, in the 2026 Complete University Guide (CUG) overall subject rankings. In the Research Excellence Framework (REF) 2021, 100% of our research impact and 73% of our research output was rated 'world leading' or 'internationally excellent' (REF, 2022). We also ranked 15th nationally for research power in sports research (THES, 2022).

We are committed to further enhancing the quality, impact, and profile of our research and education, and have ambitious plans for significantly expanding our knowledge exchange and continuing professional development activity with our extensive network of partners. These include community and professional sports organisations, businesses, charities, government bodies, voluntary sector groups, and the general public.

Our staff are committed to providing a high-quality teaching and learning environment, reflected by consistently excellent National Student Survey outcomes. Teaching and research provision are supported by high quality specialist teaching spaces based on our Ormskirk campus, including double sports halls, a gymnasium, performance analysis laboratory, sports therapy clinics and a musculoskeletal laboratory. Provision is further supported by well-equipped psychology, biomechanics and physiology laboratories.

The Department consists of 30+ FTE academic and research staff, alongside administrative and technical staff, and is based in the Wilson Centre, which provides office accommodation as well as fully equipped spaces for teaching.

About the Role

As Lecturer or Senior Lecturer in Exercise Physiology, you will be required to make a significant contribution to the delivery of modules on our Sports and Exercise Science programmes, including supervision of undergraduate dissertations and, depending on your expertise and qualifications, possibly postgraduate research. Through your teaching and supervision, you will support students in gaining graduate-level employment and/or pursuing further study, in line with their aspirations and interests.

We would particularly welcome candidates who can teach Exercise Physiology, Exercise & Health, Clinical Exercise Physiology and/or Applied Practices in Exercise & Health Science. You will also be expected to contribute to other areas of our core curriculum depending on your areas of expertise and experience.

You will help to further strengthen the quality, impact, and profile of our research and/or expand our knowledge exchange activities in areas aligned to your expertise and the Department's strategic priorities.

About You

You will be an enthusiastic and collegiate professional with excellent communication and interpersonal skills coupled with a commitment to providing an excellent student experience. You should be an experienced and effective academic with an understanding and appreciation of the competencies defined by our endorsing body, the Chartered Association of Sport and Exercise Sciences (CASES).

An established or promising research profile in Exercise Physiology, along with substantial teaching experience, is essential. You will have a passion for providing students with evidence-based teaching and learning and be committed to expanding your own research and/or knowledge exchange activity. You will also be committed to engaging in professional development activities that align with the Department's strategic priorities. Your qualifications and experience will demonstrate your passion for enriching the student experience through your expertise and subject knowledge. In return, you will join a forward-thinking and dynamic Sport & Exercise Science team.

Reward & Benefits

- A minimum of 48 days annual leave per annum, pro rata (inclusive of bank holiday and University closure days).
- Relocation and Visa Assistance Policies (subject to eligibility criteria).
- Access to a range of CPD to support your career development, with three defined pathways for progression.
- Employee assistance programme with access to free confidential counselling sessions, legal & financial advice, and health & wellbeing resources.
- Automatic enrolment into the Teacher's Pension Scheme with our employer contribution of 23.68%
- Discounted membership to our onsite state-of-the-art sport and leisure facilities
- Beautiful award-winning on-campus working environment.
- Staff benefits scheme, which provides you with discounts across the high street, supermarket shopping, cinema tickets, dining out and more.

About Us

“A great success story... an institution that improves and impresses year after year” – Times Higher Education.

Founded in 1885 and gaining University Title in 2006, Edge Hill University is a multi-award-winning University based on a 160-acre campus in Ormskirk, Lancashire. An educational community, providing high quality teaching, support, and transformational opportunities; it's a place where students discover ideas, attain subject knowledge, and achieve their full potential.

The University has over 14,000 students studying at both undergraduate and postgraduate level and employs more than 2,000 staff.

Edge Hill's significant success in achieving its mission is recognised by a range of awards. It is one of the select few to have held the coveted Modern University of the Year title (2022), awarded by the Times and Sunday Times and is the Daily Mail's University of the Year for Student Experience, 2026.

It was ranked in the UK Top 35 universities (Guardian University Guide 2024), 5th in the UK (Uni Compare 2026) and is a Top 4 North West Institution (Complete University Guide 2025). It is also the safest campus in the North West according to the same guide. In 2024, it was the first University to achieve Ofsted Outstanding for all phases of its Initial Teacher Training provision under the new Inspection Framework.

The University has invested £350m in the campus over the last two decades. Construction has recently finished on a new £17.4m Life Sciences Building alongside a £35m investment in brand new accommodation and a Students' Union building which opened at the beginning of October 2024.

The University's researchers are addressing some of society's most pressing problems today and providing expertise to develop solutions and enact change. And there is a strong commitment to sharing that new knowledge through Knowledge Exchange and partnership working and through a significant number of Knowledge Transfer Partnerships.

From promoting inclusive societies and encouraging wellbeing for all, nurturing creativity and innovation, to tackling some of the world's biggest challenges to secure a sustainable future, Edge Hill's research builds new partnerships, enhances understanding and enriches lives. 62% of the University's research was classed as 'world-leading' or 'internationally excellent' in the 2021 Research Excellence Framework.

Job Description for Lecturer (Grade 8)

Duties and Responsibilities

As a Lecturer you will be expected to carry out the following as and when required:

Teaching, Learning & Scholarship

1. Contribute to the curriculum development of the Subject/Department academic programmes and wider Faculty where appropriate, producing high quality, innovative teaching and learning material, informed by research and professional practice (where appropriate) to support and develop student learning, engagement and application in practice (where appropriate) at undergraduate and post graduate level;
2. Enhance the quality of education and provision by ensuring that you maintain high standards of learning and teaching;
3. Use teaching and learning strategies, which encourage student involvement and advance their independent learning, adapting delivery to suit learners' needs;
4. Engage in subject professional and pedagogy research and/or scholarship as required to support teaching activities;
5. Contribute effectively to the design, planning and administration of the curriculum including preparation of your own teaching and learning materials and course documentation;
6. Contribute effectively to curriculum delivery, at the modular level, taking lead responsibility, where appropriate, within undergraduate and/or postgraduate levels;

Student Support

1. Effectively oversee the welfare, progress, examination, assessment and marking of the students as designated by the Head of Department (or their deputy);
2. Provide effective support to individual students and groups of students in accordance with Edge Hill University's procedures, referring students to further support services as appropriate;
3. Promote the work of the University and participate in the recruitment, selection and induction of students;
4. Undertake, as and when required, and in accordance with Edge Hill procedures,

personal tutor responsibilities (academic and pastoral);

5. Support learning in practice, including placement/mentor preparation and practice audits (where appropriate).

Research

For those who have significant Responsibility for Research:

1. Publish, or show evidence of working towards publication of research consistent with the department's priorities in appropriate peer-reviewed journals;
2. Begin to develop and maintain links with cognate disciplines within the Faculty, University, Industry and the Community as part of a coherent research-dissemination strategy;
3. Collaborate with colleagues to identify and make credible bids for external funding through research grants and contracts and in developing collaborative research income- generating ideas.

Leadership, Service & Externality

1. Be an active member of relevant Departmental/Faculty/Institutional committees and contribute to partnership working with external colleagues and service users (where appropriate);
2. Contribute to faculty business, project management and/or enterprise;
3. Assist in student recruitment activities including Open Days, interviews or auditions;
4. Engage in appropriate training programmes provided by the University such as preparation for VASP membership;
5. Establish networks (professional and academic) to maintain currency and personal development;
6. Carry out any other duties as reasonably requested by Head of Department. Generally, these will be relatively limited in order to allow the role holder to take advantage of planned developmental and research opportunities.

Person Specification for Lecturer (Grade 8)

Please note that applications will be assessed against the Person Specification using the following criteria, therefore, applicants should provide evidence of their ability to meet all criteria. Where a supporting statement is indicated you will be asked to provide a statement of how you meet this criterion within the application form.

Qualifications

Criteria	Essential or Desirable Criteria	Method of Assessment
A good relevant honours degree or equivalent qualification and experience of Higher Education learning.	Essential	Application
PhD or equivalent (normally by publication but where appropriate through professional achievement of a comparable nature).	Essential	Application
Higher Education (HE) teaching qualification, or commitment to achieve one within two years of appointment.	Essential	Application and Interview

Knowledge and Skills

Criteria	Essential or Desirable Criteria	Method of Assessment
Relevant knowledge of Higher Education curricula or other evidence of the ability to be or become an effective, research-informed teacher and assessor across the range of taught levels appropriate to the post.	Essential	Supporting Statement and Interview
Excellent, effective and adaptive teaching skills underpinned by sound pedagogical principles.	Essential	Supporting Statement and Interview
Developing breadth and depth of subject knowledge and evidence of continuing professional development.	Essential	Supporting Statement and Interview
Evidence of ability to work in a team and the emotional intelligence to support students in their studies through academic tutoring.	Essential	Interview

Experience

Criteria	Essential or Desirable Criteria	Method of Assessment
Ability to support the diverse academic and personal needs of individual students.	Essential	Supporting Statement and Interview
Proven capacity to conduct and publish research or contributions to professional practice, ability to engage in academic and professional networking through active membership of associations, societies and professional bodies. (This criterion assumes you have or aspire to having significant responsibility for research).	Essential	Supporting Statement and Interview
Excellent communication skills, both written and verbal, and excellent interpersonal skills with the ability to liaise effectively with colleagues, students and external stakeholders.	Essential	Supporting Statement, Interview and Presentation.
Ability to work on one's own initiative, to reflect on one's own skills and knowledge, and to seek opportunities to develop.	Essential	Supporting Statement and Interview

Competencies and Personal Attributes

Criteria	Essential or Desirable Criteria	Method of Assessment
Enthusiasm	Essential	Interview
Commitment	Essential	Interview
Team working	Essential	Interview
Good interpersonal skills	Essential	Interview
Flexibility and adaptability	Essential	Interview

Job Description for Senior Lecturer (Grade 9)

Duties and Responsibilities

The responsibilities of a Senior Lecturer are wide ranging and many change over time according to the development needs of the department and the individual. As a Senior Lecturer you will be expected to carry out the following as and when required:

Teaching, Learning & Scholarship

1. Effectively lead taught modules and contribute appropriately to programmes, taking a lead role in curriculum delivery and organisation, including teaching;
2. Contribute effectively to the design and planning of the curriculum, including the writing of course validation documentation as required, ensuring compliance with the University's Academic Regulations and Quality Management Handbook;
3. Seek to enhance the quality of education that students receive by ensuring that high standards are maintained in their own teaching, through regularly engaging with appropriate professional development activities;
4. Develop and use teaching and learning strategies across aspects of a course, which encourage student involvement and advances their independent learning, adapting delivery to suit students' needs;
5. Collaborate with colleagues in the continuous review and development of Department's programmes;
6. Supervise and monitor undergraduate and postgraduate taught students and supervise and monitor the work of research students;
7. Actively support and carry out research and scholarship which supports and informs programme currency delivery;
8. Reflect on your own teaching and implement ideas for improving your own performance;
9. Contribute effectively towards the development of the Department within an established programme of study.

Student Support

1. Effectively oversee the welfare, progress, examination, assessment and marking of the students as designated by the Head of Department (or their

deputy);

2. Take responsibility for specific aspects of the assessment process e.g. moderation or liaison with external examiner;
3. Act, as and when required, and in accordance with Edge Hill procedures, as a Personal Tutor for a number of students;
4. Take an advisory role in complex cases of support for a student.

Research

For those who have significant Responsibility for Research:

1. Publish and disseminate the results of research in peer-reviewed journals or other appropriate outlets of recognised academic quality in line with area of expertise;
2. Contribute effectively to, and lead as appropriate, research and/or enterprise projects including identifying and making credible bids for funding to support the projects;
3. Enhance and maintain links with cognate disciplines within the Faculty, Institution, Industry and the Community;
4. Apply for grant funding and manage, as appropriate, any grants which are secured;
5. Supervise and manage research projects if required.

Leadership, Service & Externality

1. Seek to enhance the quality of education and provision by ensuring that high standards of teaching and learning are maintained on the relevant courses to which they contribute;
2. Co-ordinate others to ensure module(s) are delivered to the standards required and to identify & respond to students' needs;
3. Lead on quality assurance and course evaluation, including facilitating student feedback;
4. Contribute effectively towards the development of the Department including taking lead responsibility for nominated projects and participating in VASP committees;

5. Responsible for the overall quality auditing of course provision to identify areas where current provision is in need of revision or improvement;
6. Develop others with ability to mentor colleagues in developing both their research agendas as well as teaching portfolios.
7. Be a fully active member of relevant Departmental/Faculty/Institutional business/committees and contribute to partnership working, projects and enterprise activity with external colleagues and service users (where appropriate);
8. Promote the work of the Institution and participate in the recruitment, selection and induction of students;
9. Participate in and develop additional external networks/operational links to further the development and reputation of the department and of the University;
10. Effectively manage relationships with key stakeholders;
11. Take part in relevant internal boards, committees and working groups as required;
12. Organise and administer tasks in an efficient and effective manner;
13. Carry out any other duties as requested by Head of Department/Line Manager, commensurate with the grade of the post.

Person Specification for Senior Lecturer (Grade 9)

Please note that applications will be assessed against the Person Specification using the following criteria, therefore, applicants should provide evidence of their ability to meet all criteria. Where a supporting statement is indicated you will be asked to provide a statement of how you meet this criterion within the application form.

Qualifications

Criteria	Essential or Desirable Criteria	Method of Assessment
A good relevant honours degree or equivalent qualification and experience of Higher Education learning.	Essential	Application
PhD or equivalent (normally by publication but where appropriate through professional achievement of a comparable nature).	Essential	Application
Higher Education (HE) teaching qualification, or commitment to achieve one within two years of appointment.	Essential	Application and Interview
Advance HE Fellowship, or commitment towards.	Essential	Application and Interview

Knowledge and Skills

Criteria	Essential or Desirable Criteria	Method of Assessment
A well-developed breadth of subject knowledge and a record of successful engagement with professional development opportunities.	Essential	Supporting Statement and Interview
Successful record of having developed and used to good effect, flexible and innovative approaches to the design and execution of teaching, learning and assessment.	Essential	Supporting Statement and Interview

Experience

Criteria	Essential or Desirable Criteria	Method of Assessment
Significant experience of innovative undergraduate and postgraduate teaching in higher education.	Essential	Supporting Statement and Interview
Experience of securing and undertaking externally funded research and/or enterprise activity, where appropriate.	Desirable	Supporting Statement and Interview
Proven ability to support the diverse academic and personal needs of individual students.	Essential	Supporting Statement, Interview and Presentation
Evidence of research publication activity in peer reviewed research journals for those with significant responsibility for research.	Essential	Supporting Statement and Interview
Evidence of having developed successfully networks with colleagues, students and external stakeholders.	Essential	Supporting Statement, Interview and Presentation
A record of having developed the student employability agenda in the department/institution through networking, employer engagement and student learning.	Desirable	Supporting Statement and Interview

Competencies and Personal Attributes

Criteria	Essential or Desirable Criteria	Method of Assessment
Enthusiasm	Essential	Interview
Commitment	Essential	Interview
Team working	Essential	Interview
Good interpersonal skills	Essential	Interview
Flexibility and adaptability	Essential	Interview

Job Description for Senior Lecturer (Grade 10)

Duties and Responsibilities

The responsibilities of a Senior Lecturer are wide ranging and many change over time according to the development needs of the department and the individual. As a Senior Lecturer you will be expected to carry out the following as and when required:

Teaching, Learning & Scholarship

1. Develop, as required, appropriate documentation in accordance with the Institution's Academic Regulations and Quality Management Handbook to support the processes of Edge Hill's quality assurance and ethics (including materials relating to course validation, enhancement process, review and evaluation);
2. Contribute effectively to the design and planning of curriculum for the Department, taking the lead responsibility for nominated projects.
3. Effectively oversee the welfare, progress, examination, assessment and marking of the students as designated by your Head of Department.
4. Fully engaged with teaching portfolios, and effectively use teaching and learning strategies, which encourage student involvement and advances their independent learning, adapting delivery to suit students' needs.

Student Support

1. Take responsibility for overseeing the welfare, progression, examination and assessment of students and drawing to the attention of the Head of Department any issues as appropriate.
2. Act as a Personal Tutor for a number of students, including providing academic and personal support, supporting individual profiling and development planning, and preparing references; referring students to further support services as required.
3. Act as a postgraduate taught supervisor.
4. Promote the work of the University and participate in the recruitment, selection and induction of students.

Research

For those who have significant Responsibility for Research:

1. Contribute effectively to the subject area in a chosen area of research, publishing research output of high quality, submitting regular bids for external funding, supervising PhD students and leading networks as appropriate.
2. Lead and develop strategies for achieving impact from your research or enterprise projects including identification and achievement of funding to support the projects.

Leadership, Service & Externality

1. Lead departmental activities at an appropriate capacity within the department.
2. Lead and administer the effective delivery of courses and projects.
3. May undertake a programme, project, enterprise or research leadership role (as appropriate).
4. Ensure the integrity of designated programmes and projects, by ensuring all staff contributing are fully informed and prepared for effectively engaging in delivery and reporting responsibly, via appropriate channels, any cause for concern.
5. Co-ordinate and lead the team of staff who contribute to courses and research programmes or other programmes of work in order to maximise the impact of their individual and collective contributions.
7. Enhance the quality of education and provision by ensuring that high standards of teaching and learning are maintained on the relevant courses to which they contribute.

Externality

1. Take responsibility for the effective academic administration of a designated programme of study, enterprise, research or innovation;
2. Lead, initiate, and develop, external networks to further the development and reputation of the University and the individual;

3. Engage in external collaborations and relationships at a strategic level and effectively manages significant partnerships with external organisations;
4. Significantly enhance the external profile of the department in appropriate networks and forums, identifying and building supportive and mutually beneficial partnerships. Fostering collaboration with external contacts, networks and partnerships including educational bodies, employers, researchers and professional bodies, as appropriate;
5. Actively contribute to mentor training, development and enhancement activities including the evaluation of these arrangements;
6. Organise and administer tasks in an efficient and effective manner;
7. Undertake other duties deemed appropriate by the Head of Department (or representative) and commensurate with the post.

Person Specification for Senior Lecturer (Grade 10)

Please note that applications will be assessed against the Person Specification using the following criteria, therefore, applicants should provide evidence of their ability to meet all criteria. Where a supporting statement is indicated you will be asked to provide a statement of how you meet this criterion within the application form.

Qualifications

Criteria	Essential or Desirable Criteria	Method of Assessment
A good relevant honours degree or equivalent qualification and experience of Higher Education learning.	Essential	Application
PhD or equivalent (normally by publication but where appropriate through professional achievement of a comparable nature).	Essential	Application
HE teaching qualification, or commitment to achieve one within two years of appointment.	Essential	Application and Interview
Advance HE Fellowship, or commitment towards.	Essential	Application and Interview

Knowledge and Skills

Criteria	Essential or Desirable Criteria	Method of Assessment
Successful record of having developed, used and disseminated good practice of flexible and innovative approaches to the design and execution of teaching, learning and assessment initiatives.	Essential	Supporting Statement and Interview
Demonstrate ability to influence, advise, guide and mentor others and confidently challenge thinking and foster debate, and encourage the development of intellectual reasoning and rigour.	Essential	Supporting Statement and Interview

Criteria	Essential or Desirable Criteria	Method of Assessment
Ability to reflect on own skills and knowledge, and to seek opportunities to develop.	Essential	Supporting Statement and Interview

Experience

Criteria	Essential or Desirable Criteria	Method of Assessment
Very significant experience of innovative undergraduate and postgraduate teaching in higher education, especially in the relevant subject area.	Essential	Supporting Statement and Interview
Evidence of leading teams, internally and externally, with the sound emotional intelligence required to work effectively with other people.	Essential	Supporting Statement and Interview
Experience of securing and undertaking substantial externally funded research and/or enterprise activities, where appropriate.	Essential	Supporting Statement and Interview
Proven ability to support the diverse academic and personal needs of individual students, and to disseminate good practice in this respect.	Essential	Supporting Statement, Interview and
Evidence of research publication activity in peer reviewed journals (for those who have significant responsibility for research).	Essential	Supporting Statement and Interview
Evidence of having developed successfully and lead to good effect networks with colleagues, students and external stakeholders, e.g., to promote student employability.	Essential	Supporting Statement, Interview and Presentation

Competencies and Personal Attributes

Criteria	Essential or Desirable Criteria	Method of Assessment
Enthusiasm	Essential	Interview
Commitment	Essential	Interview
Team working	Essential	Interview
Good interpersonal skills	Essential	Interview
Flexibility and adaptability	Essential	Interview

Candidate Guidance and How to Apply

At Edge Hill University we value the benefits a rich and diverse workforce brings to our community and therefore welcome applications from all sections of society.

For informal enquiries about this vacancy, you may wish to contact: Dr Kelly Marrin, at marrink@edgehill.ac.uk

When you are ready to start the formal application process, please [visit our Current Vacancies website](#), search for the role you wish to apply for, and select the 'Apply Online' button at the bottom of the job advert. The online application form can be completed in stages and can be revisited at any time. The form automatically saves as you enter your information, and you can move backwards and forwards between individual form sections at any time prior to application submission. Help is available at each stage to guide you through the form. Before final submission, you can preview your application and can then choose to refine or submit the form.

As part of your application, you will be asked to provide details of two referees. Please see our application form for guidance on how to nominate your referees.

You are able to upload a CV to the application form to supplement your application and supporting statements.

Please refer to the advert for the closing date for this vacancy, all applications must be submitted by 11:59pm on this date. Please note that you will receive an automated email from our online recruitment portal to confirm receipt of your application. Please check your spam/junk mail if you do not receive this email.

Following the closing date, we will contact you by email to let you know whether or not you have been shortlisted to participate in the next stage of the selection process. We try our best to inform all applicants within two working weeks following the closing date.

If you are offered the post, the offer will be subject to pre-employment clearance. You will be asked to provide: proof of your right-to-work in the UK; proof of your identity and evidence of your qualifications and professional memberships as referenced as essential or desirable in the person specification for this role. You will also be asked to complete onboarding forms including a pre-employment health questionnaire to support the University make appropriate adjustments to support you in the role. The University will also contact the referees you have nominated. Please note that you may be asked for alternative or additional referees as we seek references that cover your previous three years of employment history. Following successful completion of pre-employment clearances (including an Enhanced Disclosure and Barring Service

check, as relevant, please see job advert) a start date will then be arranged with you.